

Private
Instruction

Work with your partner, a friend or a relative



Massage for You and Your Partner

Presented By: Hillsborough Massage Therapy LLC

Fee: \$150 per couple for the entire session. Includes review sheets and a massage oil to take home.

Presented By: Hillsborough
Massage Therapy LLC

The Professional Center
Route 206, 601A Omni Dr
Hillsborough, NJ 08844
(908) 359-5777

Visit our Website:
www.hillsboroughmassage.com
Email us:
info@hillsboroughmassage.com

A private, approximately three-hour, massage session in which you will *learn to give each other* a relaxing Swedish-style massage with aromatherapy.

Starting with:

- ▶ The benefits of massage explained
- ▶ The basic strokes described
- ▶ Using aromatherapy in your massage

Followed by:

- ▶ A demonstration of a basic massage routine

And then:

- ▶ Giving each other a massage under the guidance of a Nationally Certified Massage Therapist

You will receive step-by-step review sheets of the session, plus an aromatherapy massage oil of your choice.